



Help When You Need It.

Sometimes we can all use a little help dealing with life's challenges.

Your SAP provides confidential, professional support for personal and work concerns at no cost to you.

24 hours a day, 7 days a week!

For more information or to schedule an appointment with a SAP professional, call toll free:

1.844.854.7281

To access online services, visit

www.EAPHelplink.com

Company Code:

CCSNH





Your Student Assistance Program offers a wide variety of resources designed to improve wellness, enhance performance and improve financial outcomes. Our services help students resolve a wide range of issues to restore personal effectiveness. Kepro's services are confidential.

SAP Products & Resources



AVAILABLE 24 HOURS, 7 DAYS A WEEK

Toll-Free Phone: 1.844.854.7281
EAP website: www.eaphelplink.com
Company Code: CCSNH



COUNSELING & SUPPORT

Whether you are dealing with stress, worry, relationship issues, substance abuse issues or work issues, call for immediate support. We can also provide referrals for an in-person, phone or video session with a highly qualified counselor. You are eligible for up to six free confidential counseling sessions per issue.



ARTICLES & RESOURCES

Kepro's SAP website is your one-stop resource, available when you need it. The SAP website provides you with tools and information to address life's pressing concerns. You will find webinars, topics of interest and videos on many life issues. Additionally, you can access calculators and resources for childcare, eldercare, health issues and financial information.



MANAGEMENT & ORGANIZATIONAL SERVICES

Kepro's Management Service Team (MST) provides unlimited immediate telephonic consultation, guidance, and coordination to administrators. MST offers guidance on how to address ways that reduce conflict, increase productivity, decrease attendance issues and address personal issues that may affect one's performance. Additionally, on an organizational level, MST can support CCSNH and provide guidance for a workplace trauma or other critical incidents. Available to you 24/7.



LEGAL SERVICES

Legal concerns can be stressful, costly and often result in lost work time. Reach out to Kepro for a referral for a free 30-minute consultation with a lawyer for any issue, except work related issues. After the 30-minutes, you will receive a 25% discount for additional time and services. General legal information and forms, including a simple will form, can be found at www.eaphelplink.com.



FINANCIAL SERVICES

Sometimes we don't know where to start when we are having financial issues or just have questions. Reach out to Kepro for a free 30-minute phone consultation with a financial expert. Additional information on budgeting, debt management and getting ready for retirement can be found at www.eaphelplink.com.



ELDERCARE SUPPORT & RESOURCES

If you are worried about an older family member or friend, our eldercare specialists are available to provide support and resources, regardless of geographic location. We can help provide guidance on Medicare, Medicaid, home health services, community resource and much more.



CHILDCARE SUPPORT & RESOURCES

Are you looking to adopt, have a baby or need childcare resources for a special needs child? We can help. Reach out to Kepro and ask to talk to our childcare specialists.