



Project Stride is a program for single parents, displaced homemakers, and single pregnant women who are matriculated at Manchester Community College.

The Project Stride program offers personal and financial support to qualifying members through support groups and workshops.

Funded by the Carl Perkins Grant, Project Stride also provides grants for students who meet all requirements of the program. Grants can be used for college and living expenses and are awarded during the Spring semester.

The following majors are eligible for Project Stride grants:

- Automotive
- Computer Science
- Early Childhood Education
- Education (Special Education only)
- Electrical Technologies
- Exercise Science
- Graphic Design
- Health Information Management
- Management
- Medical Assistant
- Nursing
- Personal Trainer
- Web Design/Development
- Welding



Grant Requirements

To qualify for a grant, Project Stride members must:

- Enroll in at least 6 credits per semester
- Maintain at least a 2.5 Cumulative Grade Point Average
- Attend mandatory support group meetings
- Have applied for financial aid and have an unmet need greater than the Project Stride grant amount.



To Apply

Project Stride applications are accepted all year. Grants are only awarded to students who have attended the Fall semester and are continuing into the Spring semester. Project Stride support groups are open to all members, even if they do not meet grant aid requirements.

Applications are available in the Academic Success Center (Room 268) and on the MCC website at www.mccnh.edu/services/academic-success-center/project-stride

For more information, stop by the Academic Success Center desk located in the Learning Commons or call 206-8145.

Other MCC Resources for Single Parents

- Food Pantry for low-income students
- Federal Work-Study, a federal financial aid program where students work on campus and are paid with financial aid funds
- On-campus child care at our Child Development Center
- A children's section in the campus library